

## Case Study 1 – Hannah Clifford



Hannah Clifford signed up to the ESF funded Nurture Equip Thrive (NET) project in Merthyr Tydfil to gain support to realise her dream of working within Health and Social Care.

Although Hannah enjoyed her part-time role in hospitality, she envisaged a new career direction, where she would be actively helping the community and wanted to work for the NHS.

NET suggested that Hannah volunteered to build her skills. The NET team were able to work with partners, including Cwm Taf Morgannwg to secure her a position. Despite the very challenging times created by the COVID-19 pandemic Hannah has embraced this opportunity and has been outstanding in her placement. In fact, she was so successful in her volunteering she has now been offered a paid opportunity as a health care assistant.

Hannah demonstrates the multiple benefits from volunteering, not only helping vulnerable people in the community but increasing your skills to enable you to reach your career dreams.

Well done Hannah, the Nurture Equip and Thrive team wish you success in your new role!