

Learning to Grow

Project Description

The operation uses green spaces and environmental activities as an engagement tool into a positive model of progression; aligned with local education, training, employment and time-banking opportunities.

The project has been specifically designed to offer preventative/early intervention initiatives that promote real, hands-on opportunities to improve physical and mental well-being, re-engage with work and build sustainable networks of peer support.

This will be achieved through:

- personal development;
- acquisition of skills and accreditation;
- encouraging participants to take control of and responsibility for achieving their own wellbeing;
- staying independent,
- gaining and sustaining work.

Participants will have access to a practical, active recovery journey will allow two-way movement between an eight-tiered delivery model - developing skills through a staged approach to personal development.

Geographical Coverage

Monmouth, Newport, Cardiff and the Vale of Glamorgan.

Essential Eligibility Criteria

Over 25's with Mental Health issues who are economically inactive or long term unemployed including work limiting health conditions.

Specific Targets

Economically inactive (aged 25 and over),

not in education or training, who have complex barriers to employment - 200

- Entering Employment including Self Employment upon Leaving - 40
- Engaged in Job Search upon Leaving - 50
- Gaining a qualification or work relevant certificate upon leaving - 100
- Increasing Employability through completing work experience placement or volunteering opportunity - 108

Long Term unemployed (aged 25 and over) who have complex barriers to employment - 100

- Entering Employment Including Self Employment upon Leaving - 25
- Gaining a qualification or work relevant certificate upon leaving - 50
- Increasing Employability through completing work experience placement or volunteering opportunity - 53
- Operations integrating sustainable development into awareness raising, education and training programmes - 1

Contact Details

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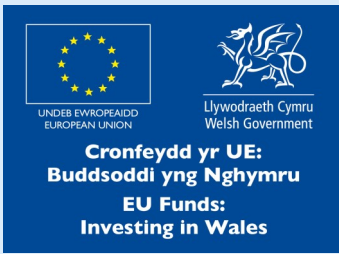
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Dysgu Tyfu

Disgrifiad o'r Prosiect

Mae'r prosiect yn defnyddio manau gwyrdd a gweithgareddau amgylcheddol fel arf ymgysylltu i fodol dilyniant cadarnhaol; yn cyd-fynd â chyfleoedd addysg, hyfforddiant, cyflogaeth a bancio-amser lleol.

Mae'r prosiect wedi'i gynllunio'n benodol i gynnig mentrau ataliol/ymyrraeth gynnar sy'n hyrwyddo cyfleoedd ymarferol go iawn i wella lles corfforol a meddyliol, ail-ymgysylltu â gwaith ac adeiladu rhwydweithiau cynaliadwy o gefnogaeth gan gymheiriaid.

Bydd hyn yn cael ei gyflawni trwy:

- datblygiad personol;
- caffael sgiliau ac achredu;
- annog cyfranogwyr i gymryd rheolaeth a chyfrifoldeb am gyflawni eu lles eu hunain;
- aros yn annibynnol,
- ennill a chynnal gwaith.

Bydd cyfranogwyr yn cael mynediad at daith adferiad ymarferol, gweithredol a fydd yn caniatáu symudiad dwy-ffordd rhwng model cyflawni wyth haen. Datblyg sgiliau trwy ymagwedd fesul cam at ddatblygiad personol.

Cwmpas Daearyddol

Sir Fynwy, Casnewydd, Caerdydd a Bro Morgannwg.

Meini Prawf Cymhwyster Hanfodol

Pobl dros 25 oed â phroblemau iechyd Meddwl sy'n economaidd anweithgar neu'n ddi-waith am gyfnod hir gan gynnwys cyflyrau iechyd sy'n cyfyngu ar eu gallu i weithio.

Targedau Penodol

Economaidd anweithgar (25 oed a throsodd),

heb fod mewn addysg na hyfforddiant, sydd â rhwystrau cymhleth i gyflogaeth - 200

- Mynd i Gyflogaeth gan gynnwys Hunangyflogaeth ar Gadael - 40
- Cymryd rhan mewn Chwilio am Swydd ar ôl Gadael - 50
- Ennill cymhwyster neu dystysgrif sy'n berthnasol i waith ar ôl gadael - 100
- Cynyddu Cyflogadwyedd trwy gwblhau lleoliad profiad gwaith neu gyfle gwirfoddoli - 108

Di-waith tymor hir (25 oed a throsodd) sydd â rhwystrau cymhleth i gyflogaeth - 100

- Mynd i Gyflogaeth Gan Gynnwys Hunan Gyflogaeth ar Gadael - 25
- Ennill cymhwyster neu dystysgrif sy'n berthnasol i waith ar ôl gadael - 50
- Cynyddu Cyflogadwyedd trwy gwblhau lleoliad profiad gwaith neu gyfle gwirfoddoli - 53
- Gweithrediadau sy'n integreiddio datblygu cynaliadwy i raglenni codi ymwybyddiaeth, addysg a hyfforddiant - 1

Manylion Cyswllt

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